

# Technische Berufsmittelschule Schaffhausen

## Aufnahmeprüfung Englisch 2016

Name, Vorname: \_\_\_\_\_

Wohnort: \_\_\_\_\_

Prüfungsnummer: \_\_\_\_\_

Schulhaus: \_\_\_\_\_

Engischlehrer/in: \_\_\_\_\_

Lehrfirma: \_\_\_\_\_

**Zeit: 30 Minuten**

**Keine Hilfsmittel erlaubt!**

**Bitte schreiben Sie mit Tinte, Kugelschreiber oder Filzstift!**

### Good luck!

Punktzahl: \_\_\_\_\_ / 45

Note: \_\_\_\_\_

**1. Reading - Read the article about sleep and tick (✓) A, B, or C. (10 points)**

*Six months ago, Jane Walker felt moody and irritable. She couldn't concentrate and the quality of her work was getting worse. She knew she wasn't getting enough sleep, so she decided to see a sleep therapist.*

'I have a very stressful job. Six months ago, I often worked until midnight, drove home, had something to eat, went to bed, and then got up at five in the morning. I decided to see a sleep therapist. She said I needed to have a regular sleeping pattern, with seven or eight hours sleep every night. This meant I had to go to bed at the same time every night and get up at the same time – even at weekends. I decided to go to bed at eleven and get up at seven.

At first I had problems getting to sleep, so my sleep therapist gave me a few ideas. I often used to go to the gym late in the evening. However, this is a bad idea because exercise can wake you up. So I started going for a walk or swimming at lunchtime instead.

My therapist also suggested that I should create the right atmosphere in my room for sleeping. Bright light tells the brain that it's time to wake up, so I bought some heavier curtains and made sure my room was nice and dark. She told me not to fill my brain with exciting thoughts last thing at night. I like reading thrillers, but I put them away and read romantic stories instead! I also bought a relaxation tape and listened to it in bed.

After about a week I was more relaxed during the day and I had better concentration. The result was that I did more work and it was better quality, too. These days, I try to stick to my sleeping schedule. However, it doesn't always work. I sometimes go to bed after midnight at the weekend and I occasionally watch the odd scary movie!

Example: Jane went to see a therapist because her moods were affecting her \_\_\_\_\_.

A social life  B work  C health

1 Jane used to go to bed straight after \_\_\_\_\_.

A working  B travelling  C eating

2 The therapist advised Jane to \_\_\_\_\_.

A go to bed at a regular time  B get up earlier  C go to bed earlier

3 Exercising late in the day \_\_\_\_\_.

A helps you sleep  B stops you from sleeping  C has no effect

4 Jane decided to \_\_\_\_\_.

A give up exercise  B do more exercise   
C exercise at a different time of day

5 The therapist told Jane to make her room \_\_\_\_\_.

A brighter  B darker  C quieter

6 Jane decided \_\_\_\_\_.

A not to read in bed  B to read more exciting books   
C to read books she didn't usually read

7 Jane also tried \_\_\_\_\_.

A relaxing exercises  B listening to tapes in bed  C speaking to friends

8 Jane felt better \_\_\_\_\_.

A immediately  B after a couple of days  C after a short time

9 She started to \_\_\_\_\_.

A work longer hours  B produce better work  C dislike her job

10 Now, Jane \_\_\_\_\_.

A never goes to bed really late  B often reads scary books   
C sometimes breaks the rules

**2. Grammar - Write the missing questions to the following answers. Use a suitable question word if necessary. (5 points)**

Example:

0. Where does she live \_\_\_\_\_ ?

She lives in Berlin.

1. Q: \_\_\_\_\_ ?

It's now exactly 11 o'clock.

2. Q: \_\_\_\_\_ ?

Yesterday I went to school.

3. Q: \_\_\_\_\_ ?

No, I haven't finished writing the letter yet.

4. Q: \_\_\_\_\_ ?

I will go to Italy in my next holidays.

5. Q: \_\_\_\_\_ ?

This is Martin's calculator.

**3. Grammar – Fill the gaps using the verb in brackets in the correct tense. Choose only from the present simple, present continuous, past simple, past continuous, present perfect, past perfect, and will-future. (15 points)**

1. I \_\_\_\_\_ (never, watch) TV before I do my homework.
2. When I arrived at the train station, I realized that I \_\_\_\_\_ (leave) my train ticket at home.
3. When I met Jim, he \_\_\_\_\_ (argue) with his mother.
4. This is the most difficult exam I \_\_\_\_\_ (ever, write) so far!
5. If you don't know the answer, the teacher \_\_\_\_\_ (help) you.
6. Yesterday evening I \_\_\_\_\_ (eat) dinner and then I \_\_\_\_\_ (watch) a football match on TV.
7. Helen and Stephanie \_\_\_\_\_ (go) to Berlin tomorrow. They have booked a first-class seat with Easyjet.
8. I \_\_\_\_\_ (not go out) last Saturday because I \_\_\_\_\_ (go out) every day of the week before.
9. Many students \_\_\_\_\_ (write) an important exam at the moment.
10. Carol \_\_\_\_\_ (buy) a new pair of trousers yesterday, but she \_\_\_\_\_ (not wear) them yet.
11. \_\_\_\_\_ (you, think) it \_\_\_\_\_ (rain) tomorrow?

